



win ★ win ★

# Are you feeling LUCKY?

Christmas will come early for the luckiest Zest readers. Enter the draw to win special Christmas presents for yourself from a lineup of exciting opportunities. If

you are feeling an excess of seasonal spirit, you might enter the name and address of someone special to you, in the Lucky Draw. Winners will be contacted and names published in Zest on December 23.

## CHRISTMAS MORNING TREAT GIVEAWAY

Sanitarium has just released a new breakfast treat, which three lucky readers will be tucking into on Christmas morning, dressed in a luxurious new Citta Design bathrobe. Cranberry and Almond Toasted Muesli is a blend of cranberries and sliced almonds with a hint of orange, wholegrain oats, and pumpkin and sunflower seeds. Zest has three muesli and robe packs worth \$120 to give away.



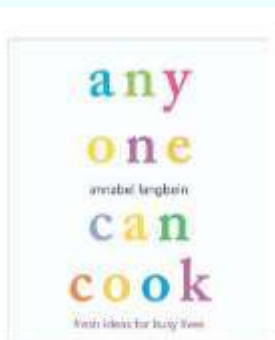
To enter the draw, write your name, address and phone number on the back of an envelope addressed to: **Breakfast with Zest, PO Box 1005, Christchurch 8140**. Entries close Monday, December 21.



### INSTANT TAN GIVEAWAY

Zest has a tanning package from Nicola Quinn Beauty and Day Spa valued at \$297.20 to give away to a lucky reader who needs a little pampering. The package includes a voucher for full body VANI-T spray tan, a VANI-T Sheer Body Bronzer, Quoi Micro Kiss Lipstick, Essie Movers and Shakers nail polish, Gatineau Aquamemory Moisture Replenish Mask and Gatineau Aquamemory Moisture Replenish Cream.

To enter the draw, write your name, address and phone number on the back of an envelope addressed to: **Tan Package with Zest, PO Box 1005, Christchurch 8140.** Entries close Monday, December 21.



### BOOK GIVEAWAY

**Annabel Langbein, Any One Can Cook**  
 RRP \$29.99

Do you need some culinary confidence this summer? Annabel Langbein's latest book, *Any One Can Cook* (subtitled "fresh ideas for busy lives") is designed to help home cooks overwhelmed by the daily task of putting good food on the table. How do you read a recipe? What are the tools of the trade? What do you need in your store cupboard? How do you build a range of meals from one simple recipe? How do you plan a menu? Langbein gives the answers in this colourful book that will broaden the range of experienced cooks too. It is likely to be the go-to book when inspiration flags or simple easy meals are needed. It is comprehensive too, with good tips on basic tools and cupboard essentials. Zest has three copies of *Any One Can Cook* by Annabel Langbein to give away.

To enter the draw, write your name, address and phone number on the back of an envelope addressed to: **Anyone Can Cook with Zest, PO Box 1005, Christchurch 8140.** Entries close Monday, December 21.



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### WINE AND MUSIC GIVEAWAY

Vineyard concerts have become a fixture in summer. And no wonder – concert goers can relax on a rug in beautiful surroundings, enjoy fine food and wine, and listen to great music. On February 13, two Zest readers will spend the evening at the More FM Winery Tour at Mud House Winery and Cafe in Waipara, being serenaded by Kiwi legends Tim Finn, Bic Runga, Dave Dobbyn and Che Fu. Winners will have VIP parking and access to the VIP area where canapes will be served throughout the evening with drinks, including award-winning wines.

To enter the draw for a double pass valued at \$450, write your name, address, and phone number on the back of an envelope addressed to: **Winery Concert with Zest, PO Box 1005, Christchurch 8140**. Entries close Monday, December 21.

